



**Upcoming Events and Classes at
Unity of Fox Valley**
Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Dear Spiritual Family,

We were making plans for our Annual End-of-Summer Church Picnic and I was thinking about celebrations and rituals and their importance in our lives. I remember one of my instructors talking about the importance of rituals in our spiritual life in that “rituals are an outer manifestation of inner transformation.” I believe rituals are also important in every aspect of our lives. They are a way of celebrating our growth and accomplishments, our letting go and moving on to new adventures.

In October, 1976 Fox Valley Unity received their charter to be an official church recognized by the Association of Unity Churches. We grew from a small group of people meeting in someone’s kitchen to a loving, supportive, joyful spiritual family housed in our own special spiritual home on Webster.

There have been a lots of changes and transitions in those 40 years but the love, support, and joy we bring each other is still a beautiful thing to see and experience.

On Friday, October 28th we will be celebrating our 40th Anniversary (and each other) with a party. There’ll be food, music, dancing, and other surprises. I know you won’t want to miss this so mark your calendar, hold the date, and polish off your dancing shoes. It will be fun for the whole family.

I look forward to seeing you there and celebrating with you as we mark this special occasion.

Love & blessings,
Rev Jan

Youth Education for the Younger Crowd

As the school year has started and fall is soon approaching, let's remember the purpose of our Spiritual Sunday School and that is to provide a safe, sacred place of loving acceptance where our youth are honored for who they are on their spiritual path. Furthermore, to know that we continually provide fun, inspiring lessons and experiences based on Unity's Five Principles and the Twelve Powers with the intention to enhance the Christ potential in the youth of all ages. It is so comforting to know that our youth have a sacred, loving, spiritual space here at Unity of Fox Valley, and to please know that we so deeply appreciate you bringing your youth to our spiritual school.

With respect to the Twelve Powers, our youth will be exploring the Power of Order for the Month of September. The color for this Power is **Dark Green** and the Disciple is James, son of Alphaeus. We will encourage the youth to come to an understanding of how everything comes into existence in alignment with the law of order through God Mind. In order to enhance this understanding, the youth will be creating a Solar System craft, expressing the perfect balance and harmony of our awesome infinite cosmos.

We will soon be expanding the cosmos of our Sunday School by offering a once-a-month Super Saturday Spiritual School for our youth from October through May. This will be a two-hour afternoon program that will provide further spiritual education through Bible stories, crafts, games, movies and healthy snacks. More detailed information coming soon in the Sunday Bulletins!

Many blessings,
Ms. Mary

For more information, please contact Mary Nowroozi: marynowroozi@comcast.net

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

First Friday of every month at 7:00pm

September 2nd

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

For more info., please contact Rose Maxson: romax52@aol.com

Everyday Oils for Health and Wholeness



Everyday Oils for Health and Wholeness

Sunday, September 11, 12:30-2:30pm

The class will cover 12 Essential Oils for everyday well being.

It is being offered on a Love Offering Basis.

Reserve your space at the Sign Up Table by Sept. 4th!

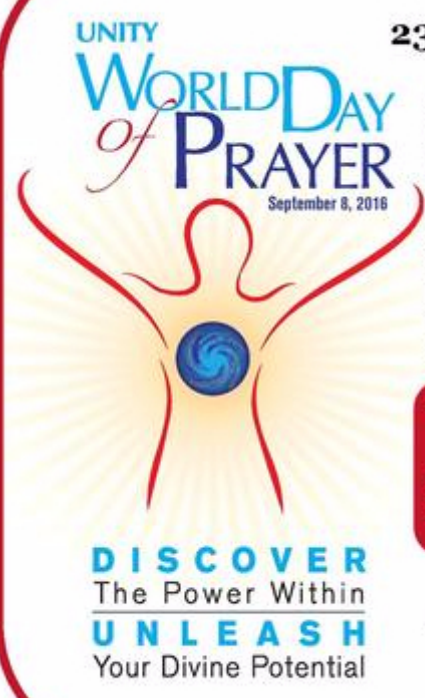
We will be offering Zyto Scans-an oils version of biofeedback from 12:00-12:30 for a \$20 fee. The Zyto Scans typically cost \$45-\$60 a scan but Rita will be offering them for only \$20.

*It will be a fun, interactive, informative class.
We look forward to seeing you there.*

**Hosted by Lisa Carpenter and Rita Cyncar,
Owner of the Essence Essential Energy Center In Montgomery**

Please contact Lisa Carpenter for more details: lisa1219@sbeGLOBAL.net 630-632-2105

World Day of Prayer



Unity celebrates 23rd Annual World Day of Prayer

Please join us at Unity of Fox Valley as we celebrate Unity World Day of Prayer. This year's theme is "Discover the Power Within. Unleash Your Divine Potential". "World Day of Prayer" gives us an opportunity to come together in celebration of our oneness with God, each other, and our world. Through prayer we foster peace and wholeness in our community and in our individual lives.

There are several ways to participate in a 2016 World Day of Prayer service.

You are invited to join the Prayer Chaplains on:

- Wednesday evening, September 7, at 7 p.m. or
- Thursday morning, September 8, at 10:00 a.m.

Bring your family and friends and Discover the Power Within and Unleash Your Divine Potential!

For more info., please contact Marge Orchard:
marorchard@wideopenwest.com

Women's Wisdom Circle



WOMEN'S WISDOM CIRCLE™

**We are calling a circle and invite you to join
with us in a self-discovery process.**

Saturday, September 17th, 4:00-6:00 pm

We are calling a circle and invite you to join with us in a self discovery process. The circle, or council, is an ancient form of meeting that has gathered human beings into respectful conversation for thousands of years. The circle has served as the foundation for many cultures. What transforms a meeting into a circle is the willingness of people to shift from informal socializing or opinionated discussion into a receptive attitude of thoughtful speaking and deep listening and to embody and practice the structures outlined.

Please contact Mary Nowroozi with any questions or for more info.:

marynowroozi@comcast.net

Upcoming Class: Courage - Hidden In Plain View

Courage:

Hidden in Plain View



Wednesdays
September 21st
to October 26th
6:30-8:30pm



Courage is not something that one has, but rather an intuitive attribute of the heart. We are called to express courage in practical daily situations. In this light courage exceeds being just another attribute; it is a deliberately chosen path of spiritual growth. It is through our conscious commitment to this process that we approximate more closely the inherent integrity and wholeness of our being.



Rev. Michael Korpan

For more info., please contact
Rev. Mike: mikekorpan@icloud.com

Green Team



There will be a focus on the **Just Food Initiative of the Fox Valley** for the meeting at Unity the fourth Friday in September. The event will start at **7 p.m. Friday, Sept. 23**. The open door remains to any interested person, within our communities and within the church congregation. Healthy discussion and healthy snacks will be the order of the evening.

Grace Grzanek of Just Food Initiative of the Fox Valley will give a presentation on promoting quality and equality in our food systems. Community involvement and something we all can perform and think of as relevant will be her topic and theme.

The final planned Green Team event will be at 7 p.m. Friday, Oct. 28. The Just Food Initiative offers a spirituality focus on how we can better relate to helping each other with a theme of the following: Give a gal a fish, she eats today; teach a gal to fish, she eats forever; give a guy a tomato, he eats today; teach a guy to grow his own tomatoes, he eats forever.

The Green Team had two events on the schedule in August: The Batavia Green Fair on the Fox, August 13, with two tables, to include the children's department; and the visit to Sugar Beet Food Co-Op in Oak Park Saturday, Aug. 27.

We reached out to those many hundreds of visitors to the Batavia Green Fair with a Unity of Fox Valley presence. Several visitors knew our building as a Lutheran Church site many years ago. Many other visitors saw Unity of Fox Valley for the first time. We handed out information. The children's table offered crafts for children in a sense of participation.

The visit to Sugar Beet Food Co-Op in Oak Park was planned to understand organic food without preservatives and pesticides and farm fresh food. The successful co-op recently celebrated a one-year anniversary. Lunch at the healthy deli section has been planned.

Going Green in 2016 offers a sense of worth and planning for the future. Join our team's events!

Think Green in 2016

For more information, please click [here](#).

Volunteer Ministry



interest."

I sit here pondering what to write this month. The definition of volunteer kept popping into my head. Merriam-Webster says: "A person who voluntarily undertakes or expresses a willingness to undertake a service or one who renders a service or takes part in a transaction while having no legal concern or

To me, the Spiritual definition of a volunteer is: One who lovingly and willingly comes forth, seeking no monetarily gain or reward. One who willingly & joyfully gives of time and talent to the betterment of their spiritual home.

What if they didn't? What if they couldn't? Or what if they just got tired?

Imagine with me if you will a Sunday without our beautiful volunteers.

I am a new person, never been here before, I walk in and the place is dark, no lights are turned on. No one is there to greet me with a warm hello, hug or handshake and to give me a bulletin so that I know what is going on in the service. I think I am in the right place, so I sit down. Music? Where is the music? Don't most churches have music? Awfully quiet in here. More people are coming in and sitting down and looking a little confused and talking amongst themselves. I think this must be a strange church, but I wait to see what happens. The Minister comes to the podium and begins to speak, I have to strain to hear because there is no sound amplification. Something is definitely amiss, but the service continues and the message is a good one. I am waiting for a collection basket so that I can give my tithe, but no one appears. Very odd. Wonder how this church survives? At the end of the service there is an announcement that there will be a Chaplain to pray with me. Oh good, I can certainly use some extra prayer today. I wait and look around and to my dismay, no one appears. That's strange, I think, why make that announcement then. As a newcomer, I am offered a CD of the service, but no one is at the CD Table. I am also invited to go downstairs for coffee and fellowship after the service. I proceed to do this, but wait, the kitchen is dark with no enticing smells of coffee and baked goods. Well that's odd I think to myself. So I leave with a shake of my head and thinking to myself, well that was an experience I won't forget, definitely not my kind of church.

GRATEFUL, GRATEFUL, so very grateful for our volunteers that do so much behind the scenes to beautify, organize, reach out, tidy up and generally support our minister and our whole Spiritual Family.

Bobbi Severson, bsever4785@gmail.com

Outreach Team



Put on your walking shoes and join others in the tri-cities!

Saturday, October 15, 8:00 A.M

from the Bethlehem Lutheran Church in St. Charles, IL. The walk is 3 miles.
Please contact Nancy Baker for more information: bakernster@gmail.com

SAVE THE DATE

Join fellow Unity of Fox Valley members and other tri-city people at the annual Crop Hunger Walk in Batavia. The walk is 3 miles along the beautiful Fox River from Batavia to Fabyan Forest Preserve and back. This is your opportunity to get some exercise and raise much needed money to support the hungry. If you don't want to walk, you can donate through one of our walkers.

Watch for the sign up table in September.

Men's Retreat



October 7-9, Friday-Sunday

Stronghold Retreat Center, Oregon, Illinois

A retreat based on the book by Rev. Richard Rohr. We will exam the concepts of who we are developed in the first part of our lives and how to use these in the second part of our lives. This is not about changing who we are, but getting a better understand of who we are. As we get closer to the event, retreat materials will be provided

\$150/person. Includes meals from Friday dinner through Sunday lunch & accommodations.

Make your check payable to: 'Unity of Fox Valley'

Memo: 'Men's Retreat'

This open to ALL MEN! You DO NOT need to be a member to participate!

Please contact John DuRocher (jbdurocher@sbcglobal.net) or Joey Nelson (tyloredurden@aol.com) for more info.

Celebrating 10 Years with Rev. Jan



SAVE THE DATE

Friday, November 18, 7:00 p.m.

A Celebration of Rev. Jan's 10 yr. Anniversary at UFV

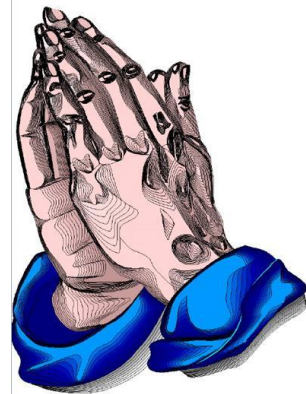
Come join us for this joyful celebration with music and refreshments at Unity of Fox Valley

For more information, please contact Bobbi Severson at: bsever4785@gmail.com

Prayer Chaplains

Our Prayer Chaplains are committed to making monthly Caring Calls to all our members. Caring Calls are made to support our members with their prayer needs. If you are a member and have not been receiving a call, please call the office at 630-879-1115 and a Prayer Chaplain will call you.

Namaste!



Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

News from the Church Office

*A section in the Newsletter to fill you in on
some of the fun doings of our Business Manager,*

Kathleen Malick

WOW! I can't believe it is September! I think I say that every month :P This past month flew by me. Nothing much to report but here is what I have:

- I now have a Middle Schooler as a daughter. Getting Ava ready has been a whirlwind but I'm thoroughly enjoying her growing up!
- Hubby has landed a part in the next theater production in [Gallery Theater Studio](#) - the 2nd time Galen is playing a priest!
- As I write this, I have 5 more weeks with my Coach. Inches gone!!! Lots of hard work and self control pays off! Let's see if I can keep it up to the end!



Summer is here so I hope you get out there, be active and enjoy it! Please remember that it is **never** too late to eat right, get up and get moving!

Many blessings,
Kathleen Malick

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.

- [Women's Wisdom Circle](#) - 3rd Saturday of every month from 4:00-6:00pm in the Adult Ed Classroom.
- [Unity Green Team CommUnity Event](#) - 4th Friday, January through April; August through October;

Contact Information

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fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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