



August 2017



Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Dear Spiritual Family,

Excuse me – I'm getting a little philosophical today.

I came across a lovely quote about why it's so important for us to spend time in prayer and meditation as we make plans for our life. In planning our hopes and dreams any action we take is only as valuable as the consciousness from which it springs. Any successful endeavor requires a higher perspective before we take action.

Here's what French philosopher Rene Daumal had to say about consciousness, higher perspectives, actions and outcomes.

"You cannot stay on the summit forever, you have to come down again.

So why bother in the first place? Just this: What is above knows what is below, but what is below does not know what is above. One climbs, one sees. One descends, one sees no longer, but one has seen. There is an art of conducting oneself in the lower region by the memory of what one saw higher up. When one can no longer see, one can at least still know."

Time spent in prayer and meditation, gaining that higher knowing, plays out in every area of our lives as peace, contentment, blessings and joy.

What is it you are trying to achieve? Spending time at the “summit” for a higher perspective will make our resulting actions effortless.

Happy climbing!

Love & blessings,
Rev. Jan



Note from the Board

The next [Town Hall Meeting](#) will be on **Sunday, August 27th** when children would have returned to school and vacation will mostly been taken. The purpose of meeting will be to discuss the survey, church finances and fundraising. As well as discuss use of church chairs tables and canopies. These items were purchased by the church and some tables have been damaged in the past. Use of these items will be for church purposes only.

The Board

The Quest



The Quest- A Journey of Spiritual Re-discovery

Join Rev. Jan and Licensed Teachers Marge, Maria, and Mary in this spiritually empowering class that will open you up to rediscovering new aspects and insights into your spiritual self.

Drop Ins are always welcome!

Sundays, after the Service, 11:30 – 12:30pm
Love Offering Basis

Books Needed: [“The Quest”](#) and [“Adventures on the Quest”](#)

Youth Education for the Younger Crowd

Our youth in all of our Sunday School classes will be reflecting on the Power of Will for the month of August. The disciple for this month is Matthew and the color is shimmering silver. The youth will learn that once we, like Noah in the Old Testament story of Noah and the Flood, reconnect ourselves to the loving presence of God and are willing to let go and let God be in charge of our lives, all wonderful, amazing things are possible.

It is possible to extend the deadline for participation in our [Vacation Bible School](#) which we did extend to Sunday, 7/30. There are still a few openings, so we ask the congregation to please consider not only their own children, but to consider any grandchildren, nieces, nephews and/or young friends to join us.

UNITY OF FOX VALLEY

**EXPLORING
MY CHRIST
POTENTIAL**

**VACATION
BIBLE SCHOOL**

Youth of all ages are encouraged to attend
and the program is free!

VBS/Presentation Location: **Unity of Fox Valley**
230 Webster St., Batavia, IL
VBS Dates: **Tuesday, August 1 to Friday, August 4**
Time: **9:30 am to noon**
Presentation Date & Time: **Sunday, August 6th**
During the 10 am service
Cost: **Free!**

*Registration forms can be obtained at the church on Sundays
or can be requested through email. Please contact Mary in Youth Ed
or email to marynowroozj@comcast.net*

ALL FORMS ARE DUE NO LATER THAN SUNDAY, JULY 30, 2017!

This year's VBS theme is "Exploring My Christ Potential" and will be held from Tues., 8/1, to Fri., 8/4, from 9:30 am till noon with a heartwarming performance held during Sunday Service on 8/6 at 10 am. Youth of all ages are encouraged to attend and the program is free! Registration forms are available downstairs in the Youth Ed area or can be available through email by contacting Mary. Again, remember that all forms are now due no later than Sunday, 7/30.

We are looking forward to a lively and inspirational experience for all the youth and teachers, not only at our Sunday lessons, but also at our upcoming Vacation Bible School!

Many thanks and many blessings,

Ms. Mary, LUT, CSE

marynowroozi@comcast.net

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

Please join us on Friday, August 4th, 7:00pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: romax52@aol.com

Community Outreach



Spruce up the Batavia Riverwalk

Saturday, August 5th, 8am - noon

Here is your opportunity to help spruce up the [Batavia Riverwalk](#)! On volunteers will be at the Batavia Riverwalk, 100 N. Island to work on a variety of projects for workers of all ages. Adults and children can all help. Students over 12 who are in need of community service hours are welcome.

Unity of Fox Valley members and guests will meet at the church at 9:00 to go together. Please bring work gloves and a water bottle. Water and snacks will be provided. You are also welcome to volunteer on your own anytime that morning at the Riverwalk.

Please contact Jen King with any questions you may have: jen.k@att.net

SEE Week

Spiritual Education and Enrichment Week

Sunday, August 6th - Friday, August 11th

Class Schedule:

Sun., Aug. 6, - Thurs., Aug. 10:

- 7:00 pm - 9:00 pm -- Development of the Unity Movement - Rev. Richard Billings

Mon., Aug. 7 - Fri., Aug. 11:

- 8:00 am - 9:50 am -- Prosperity - Rev. Sandy Diamond
- 10:00 am - 11:50 am -- The Christ - Rev. Jan Little

- 1:00 pm - 2:50 pm -- Bible Interpretation: Acts - Revelation - Rev. Kurt Condra
- 3:00 pm - 4:50 pm -- The Twelve Powers - Rev. Helice Greene

To register or for more information, please contact [Unity of Oak Park](#).

Town Hall Meeting



Sunday, August 27th, after the Service

Please stay and attend because we want your input!

The Board

Green Team

On **Sunday, August 27th** the Green Team will be showing the documentary film "**Intelligent Trees**" that includes a special invitation to community members and congregants.



The showing includes an invitation to the Youth Department to join us for a 55-minute film on how trees communicate. The film is for adults, however, because of the relevant information, it could be beneficial to have youth learn along with us. We will show the film following the 10 a.m. church service and subsequent church meeting.

The Green team continues to provide vegetable-related food for everyone, including children, to enjoy, each Sunday following the church service.

The table of good food is adjacent to the drop-off site for polystyrene, or styrofoam, which has an open invitation to drop off clean pieces, but, not packing peanuts.

Think Green in 2017!

Game Night



There will be NO GAME NIGHT IN AUGUST!

Please join us on Friday, September 15th, 7:00 pm

Let's have some fun together! We have Rummikub, Quirkle, Oh Hell, Scrabble, & of course, Dominoes. We also encourage you to bring your own favorite games and share them with us. Children are welcome with a responsible Adult. Light refreshments will be provided, but we won't mind if you bring a snack to share!

For more info., please contact Mickey Cowles: mickeyc115@sbcglobal.net

Volunteer Ministry



We have two volunteer opportunities coming up, so please let me know if you can help us out.

CROP WALK COORDINATOR: The date for this year's walk is Saturday, October 14, 2017. We need someone who would be willing to coordinate the sign

up of Unity of Fox Valley walkers and be the liaison to the Tri-Cities Crop Walk. This is an annual event that we have participated in for many years now.

There is a planning meeting August 26th at 8:00 am at Bethlehem Lutheran in St. Charles that the coordinator should attend to pick up the sign up packets. Please let me or the office know if you are interested.

ANNUAL PICNIC: The picnic this year is September 10th. Deb McQuaid has graciously volunteered to chair this event this year. We will have a sign up sheet for anyone that

would be willing to help set up and clean up on the day of this event. We are always so blessed by the Men's Group who do an outstanding job of grilling and for Deb who is our shopper extraordinaire!

AND THE WHEELS ON THE BUS GO ROUND AND ROUND!! A big THANK YOU to Rev Jan, Tony Tyner and Sandy Donnelly for coordinating our first ever Unity Village Retreat/Eclipse road trip. We have over 20 people signed up for this exciting event. What fun this should be!!

Stay cool and enjoy the summer!!

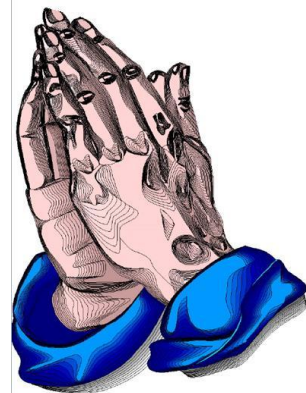
Love and Blessings!

Bobbi Severson, bsever4785@gmail.com

Prayer Chaplains

Please join us in welcoming Wanda Faye Holmes to our Prayer Chaplain Ministry. Wanda is a former Prayer Chaplain coordinator from Virginia. We are most blessed to have all of our dedicated prayer chaplains.

If you are interested in serving as a prayer chaplain, please contact Marge Orchard at margeorchard@gmail.com



Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

Ninxga Red

Properties: This sweet and tangy drink's formula includes wolfberry, which is touted for its health benefits. Also featuring plum, aronia, cherry, blueberry, and pomegranate juices and extracts, Young Living's NingXia Red is packed with superfoods to support cognitive function and overall wellness. NingXia Red's formula includes pure vanilla extract and Lemon, Orange, Yuzu, and Tangerine essential oils for a great-tasting, healthy treat.



Application: A daily shot of 2–4 ounces helps support overall wellness with powerful antioxidants.

Body Systems Affected: Young Living NingXia Red benefits include support for energy levels, normal cellular function, and whole-body and normal eye health.

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick.

A lot of GREAT things happened this past July! I turned 46 and I ran my 5th & 6th Half Marathons! The last time I ran a Half was 3 years ago so it has been awhile. Training was really tough for me this time around, but do you see what you can do with training, determination & dedication?! If you think you can't, you have already been defeated. So repeat this in your head **'I CAN!'**

I'm looking forward to this month of August as I join the Unity Crew on our Road Trip to the Village!

Please remember that it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the only one you have.

Many blessings,

[Kathleen Malick](#)



Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

AmazonSmile

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. Just click on the link below and make a purchase. AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!



Please click on this link to start shopping & help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

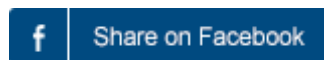
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